

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am registering my foursome. **\$320**

Player 1 \_\_\_\_\_

Player 2 \_\_\_\_\_

Player 3 \_\_\_\_\_

Player 4 \_\_\_\_\_

## SPONSORSHIP FORM

Name to be displayed on sponsorship board:  
\_\_\_\_\_

I would like to be a contest hole sponsor. \$300  
(Closest to the Hole, Longest Drive, Longest Putt)

I would like to be a hole sponsor. \$200

I would like to donate the following prize:  
\_\_\_\_\_

I am too busy to golf but would like to make a cash  
donation \$ \_\_\_\_\_

### TEAM BREAST FRIENDS

PO Box 55  
Iowa City, IA 52244

Return no later than **April 15, 2019**  
for guaranteed participation.

Contact Patty Frantz with questions at  
icbreastfriends@gmail.com



## Thank you for supporting Team Breast Friends

Our mission is to make  
a positive difference in the lives  
impacted by breast cancer, and  
bring awareness through our efforts.

### BOARD MEMBERS

Jamie Baxter

Molly Brown

Trudy Conklin

Jill Donnenwerth

Maria Fobian

Patty Frantz

Lisa Grenko

Jane Hambright

Deb Larson

Gail Maher

Rose Hemann

Lola McAndrew

Jackie Perez

Carly Sieger

Mel Strub

Stef Swails

Deb Westfall

Team  
Breast  
Friends

— 8<sup>TH</sup> ANNUAL —

# Drive Away Breast Cancer

## GOLF OUTING



**SUNDAY, APRIL 28, 2019**

f/TeamBreastFriends  
[www.teambreastfriends.org](http://www.teambreastfriends.org)

*Sunday, April 28, 2019*

**Pleasant Valley Golf Course**  
3950 Sand Road SE, Iowa City

### SCHEDULE

**8:30AM Registration**  
Range Balls Available

**9:30AM Shot Gun Start**  
Lunch served following golf

### DETAILS

- \$320 per foursome
- Four person best ball
- Enter to win great prizes
- Wear pink to support the cause
- Lunch as we announce the contest winners

### WHY YOUR DONATION IS IMPORTANT

- 40, 920 women died in 2018 from breast cancer.
- Approximately 266,120 women and 2,550 men will be diagnosed with breast cancer this year.
- A woman has a 1 in 8 chance of developing breast cancer in her lifetime.
- 1 in 1,000 men will develop breast cancer in their lifetime.

### AM I AT RISK FOR BREAST CANCER?

- All women are at risk for breast cancer.
- The most common risk factors for breast cancer are being female and growing older.
- About 85% of breast cancer occurs in women who have no family history of the disease.
- Men can also get breast cancer, but it is rare.

### CAN I REDUCE MY RISK OF GETTING BREAST CANCER?

The exact cause of breast cancer is unknown. But, you can do things that may improve your overall health and may reduce your risk of breast cancer.

- Maintain a healthy weight
- Add exercise into your routine
- Limit alcohol intake
- Eat more fruits and vegetables

### Thank You!

Our golf outing would not be possible without the support of the golfers, businesses, individuals, organizations, and friends and family of Team Breast Friends. Sponsorships and golfer entry fees will assist us in achieving our mission. Generous, tax deductible donations of gift certificates, services or products will be used in our prizes and raffle.

*Enjoy a day of golf, support a great cause and make a difference!*



### Upcoming Events



#### PLANT SALE & VENDOR MARKET

Saturday, May 18, 2019 | 9:00 am - 2:00 pm

Early bird catches the worm at the 8th Annual Sale. Various plants, baked goods and vendor items will be for sale. Bring a friend and support a good cause



#### RACK RUN

Sunday, October 6, 2019 | 10:00 am Start

Terry Trueblood Recreation Area  
4213 SE Sand Rd, Iowa City