

REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

☐ I am registering my foursome. **\$400**

Player 1 _____

Player 2 _____

Player 3 _____

Player 4 _____

Golf outing is limited to 36 foursomes so don't delay register today! You won't want to be left out of this great fundraiser.

☐ I am too busy to golf but would like to make a cash donation \$ _____

Card Type ☐ Mastercard ☐ Visa ☐ Discover

Card Number _____

Cardholder Name (As Shown On Card) _____

Expiration Date _____ Security Code _____

Billing Zip Code _____ Amount To Charge _____

I hereby authorize team breast friends to charge my card in the amount indicated above:

Signature _____ Date _____

**FIRST come, FIRST served - registration deadline 4/1/24.
Team Breast Friends | P.O. Box 55 | Iowa City, IA 52244**

Thank you for supporting Team Breast Friends

Our mission is to make a positive difference in the lives impacted by breast cancer, and bring awareness through our efforts.

Through fundraising efforts Team Breast Friends is able to provide assistance for:



MAMMOGRAMS
other diagnostic testing and treatment



PERSONAL GRANTS
to individuals who qualify



GIFT CARDS
for gas and groceries



MEDICAL & COMFORT SUPPLIES

WHAT WE ACCOMPLISHED IN 2023

\$10,000 Helen G Nassif Community Cancer Center, Cedar Rapids, IA

\$10,000 UIHC Breast Cancer Department for research

\$20,398 individual grants to breast cancer patients

**Please contact Patty Frantz at
icbreastfriends@gmail.com with questions.**

**f / TeamBreastFriends
www.teambreastfriends.org**



**Drive Away
Breast Cancer
Golf Outing**

13TH ANNUAL

Sunday, May 5th, 2024

Pleasant Valley Golf Course
Iowa City



FIESTA

ON THE

FAIRWAY!

**Team
Breast Friends** Presented By

Sunday, May 5, 2024

Pleasant Valley Golf Course
4390 Pleasant Valley Drive SE
Iowa City

SCHEDULE

8:00AM **Check-In**
Range Balls Available

9:00AM **Shot Gun Start**
Lunch served following golf

DETAILS

- \$400 per foursome
- Four person best ball
- Enter to win great prizes
- Wear pink to support the cause
- Lunch as we announce the contest winners

Enjoy a round of golf, support a great cause and make a difference!



WHY YOUR DONATION IS IMPORTANT

- 43,500 women and 530 men died in 2023 from breast cancer
- Approximately 297,00 women and 2,800 men were diagnosed with breast cancer in 2023.
- Approximately 1 in 39 women die from breast cancer.
- Men are more likely than women to be diagnosed with advanced breast cancer.
- There are 4 million breast cancer survivors in the USA. More than any other group of cancer survivors.

AM I AT RISK FOR BREAST CANCER?

- All women are at risk for breast cancer.
- The most common risk factors for breast cancer are being female, aging, early menstrual periods and genetic mutations.
- About 85% of breast cancer occurs in women who have no family history of the disease.
- Men can also get breast cancer, but it is rare.
- The lifetime risk of getting breast cancer is about 1 in 833 for men in the U.S. compared to 1 in 8 for women in the U.S.

CAN I REDUCE MY RISK OF GETTING BREAST CANCER?

The exact cause of breast cancer is unknown. But, you can do things that may improve your overall health and may reduce your risk of breast cancer.

- Maintain a healthy weight
- Add exercise into your routine
- Limit alcohol intake
- Eat more fruits and vegetables
- Stop smoking or never start smoking

Thank You!

Our golf outing would not be possible without the support of the golfers, businesses, individuals, organizations, and friends and family of Team Breast Friends. Sponsorships and golfer entry fees will assist us in achieving our mission. Generous, tax deductible donations of gift certificates, services or products will be used in our prizes and raffle.

Dine Out Nights



Upcoming Events



RACK RUN

October 13th, 2024 | 10:00 am Start
Terry Trueblood Recreation Area
4213 SE Sand Rd, Iowa City