



Breast Friends Rack Run 5K
 October 13, 2024
 Terry Trueblood Recreation Area
 Iowa City, Iowa

50 Degrees
 Sunny & Windy



#	First name	Last name	Gender	Age	City	State	Final Result
Overall Male							
1	Ross	Salinas	M	43	Iowa City	IA	00:17:10.04
2	Grant	Meardon	M	27	Iowa City	IA	00:18:58.80
3	Austin	Cline	M	26	Council Bluffs	IA	00:19:16.09
4	Garret	Hinson	M	26	Iowa City	IA	00:19:49.14
5	Brandon	Cline	M	24	Iowa City	IA	00:19:56.36
6	Lars	Pressler	M	15	Coralville	IA	00:20:14.13
7	Nathaniel	Baur Schoer	M	28	Iowa City	IA	00:21:10.55
8	Andrew	Hart	M	26	Coralville	IA	00:22:28.34
9	Zach	Bruzek	M	16	Iowa City	IA	00:23:05.38
10	Nate	Sundblad	M	44	North Liberty	IA	00:23:25.34
11	Johnathan	Hemmingsen	M	23	Council Bluffs	IA	00:23:43.08
12	Derek	Parker	M	36	Iowa City	IA	00:24:19.45
13	Will	Knipper	M	9	Iowa City	IA	00:25:31.30
14	Cole	Thomas	M	33	Cedar Rapids	IA	00:25:31.71
15	Chris	O'Toole	M	20	Iowa City	IA	00:26:07.06
16	David	Hartley	M	35	Iowa City	IA	00:26:22.34
17	Eric	Theilacker	M	32	Iowa City	IA	00:26:37.03
18	James	Buxton	M	69	Iowa City	IA	00:27:22.29
19	Kevin	Brown	M	46	Iowa City	IA	00:27:31.28
20	Christopher	Brown	M	31	Tiffin	IA	00:27:38.28
21	Patrick	Krie	M	38	Iowa City	IA	00:27:53.78
22	Nathan	Platte	M	43	Iowa City	IA	00:27:58.25
23	Lucas	Riley	M	18	Iowa City	IA	00:29:33.99
24	Conley	Sundblad	M	18	North Liberty	IA	00:29:40.78
25	Douglas	Yansky	M	68	Iowa City	IA	00:30:56.79
26	Todd	Steenblock	M	52	North Liberty	IA	00:33:15.65
27	William	Fitzgerald	M	50	Iowa City	IA	00:34:30.94
28	Dustin	Staab	M	47	Tiffin	IA	00:36:40.88
29	Tom	Gantenbein	M	53	Iowa City	IA	00:37:32.20
30	Aiden	Staub	M	9	Swisher	IA	00:43:44.72
31	Ethan	Kuperman	M	42	Coralville	IA	00:43:46.36
32	Judd	Malcolm	M	61	Cedar Rapids	IA	00:45:47.93
33	Isaac	Kuperman	M	7	Coralville	IA	00:46:14.82
34	Andy	Hamer	M	56	Iowa City	IA	00:47:09.11
Overall Female							
1	Kayla	Ruth	F	35	Coralville	IA	00:25:35.72
2	Lisa	Benton	F	47	North Liberty	IA	00:25:38.97
3	Krista	Johnson	F	55	Coralville	IA	00:25:54.19
4	Jean	Arndt Audas	F	58	Iowa City	IA	00:26:09.49
5	Louisa	Rushton	F	13	Iowa City	IA	00:26:17.93
6	Jennifer	Geers	F	50	Iowa City	IA	00:27:00.11
7	Kelly	Graham	F	39	West Liberty	IA	00:27:41.16
8	Anna	Platte	F	15	Iowa City	IA	00:27:59.12
9	Akimi	Oya	F	29	Iowa City	IA	00:28:10.46
10	Christine	Norquest	F	42	Iowa City	IA	00:28:59.08
11	Jae	Jones	F	12	North Liberty	IA	00:29:27.98
12	Sofia	Livorsi	F	45	Iowa City	IA	00:29:34.19
13	Malory	Jones	F	23	Fairfield	IA	00:30:09.09
14	Adelaide	Knoop	F	10	North Liberty	IA	00:30:59.74
15	Kaytee	Knoop	F	36	North Liberty	IA	00:31:01.66
16	Greta	Gunderson	F	11	Iowa City	IA	00:31:17.45
17	Mackenzie	Wells	F	20	Iowa City	IA	00:31:17.56
18	Carissa	Gunderson	F	41	Iowa City	IA	00:31:22.26

19	Lillian	Erdahl	F	44	Iowa City	IA	00:32:27.20
20	Angela	Ruess	F	39	Coralville	IA	00:32:48.72
21	Kelsey	Whalen	F	32	Coralville	IA	00:32:49.08
22	Ellie	Knipper	F	11	Iowa City	IA	00:32:50.86
23	Andrea	Lohf	F	31	Iowa City	IA	00:32:57.57
24	Deb	Steenblock	F	52	North Liberty	IA	00:33:13.00
25	Diane	Platte	F	41	Iowa City	IA	00:34:00.12
26	Sonyaia	Loos	F	31	Lone Tree	IA	00:34:07.80
27	Sara	Sundblad	F	43	North Liberty	IA	00:34:32.04
28	Kimberly	Serrano	F	23	Coralville	IA	00:34:50.23
29	Simone	McCarty	F	20	Council Bluffs	IA	00:34:54.61
30	Kayla	Sanders	F	48	Iowa City	IA	00:34:57.15
31	Sarah	McMillan	F	32	North Liberty	IA	00:35:13.35
32	Collins	Sundblad	F	11	North Liberty	IA	00:36:13.41
33	Erika Hannah	Abelita	F	25	Iowa City	IA	00:36:21.11
34	Claire	Donnenwerth	F	9	Tiffin	IA	00:37:04.40
35	Parker	Jensen	F	10	Iowa City	IA	00:37:07.38
36	Norah	Raecker	F	9	Iowa City	IA	00:37:08.64
37	Kristin	Plichta	F	42	Coralville	IA	00:37:26.91
38	Amy	Phelps	F	57	Iowa City	IA	00:38:06.02
39	Jessica	Ralfs	F	28	Iowa City	IA	00:39:01.13
40	Laura	Gaber	F	32	Iowa City	IA	00:39:47.96
41	Leah	Theilacker	F	32	Iowa City	IA	00:39:53.27
42	Molly	Dietz	F	45	North Liberty	IA	00:39:58.17
43	Jade	Hartley	F	34	Iowa City	IA	00:40:41.53
44	Kathy	Terlouw	F	65	Pella	IA	00:41:33.89
45	Katy	Ambrose	F	44	Iowa City	IA	00:42:35.25
46	Nevaeh	Beard	F	10	Iowa City	IA	00:42:59.42
47	Katrina	Hochstetler	F	43	Iowa City	IA	00:43:12.04
48	Lili	Torres	F	25	Tiffin	IA	00:43:16.64
49	Kimberly	McGuire	F	52	Marion	IA	00:43:34.67
50	Ashlee	Hofmann	F	39	Swisher	IA	00:43:41.52
51	Sarah	Andersen	F	29	Tiffin	IA	00:45:54.37
52	Gabrielle	Rumlow	F	30	Iowa City	IA	00:46:35.16
53	Diane	Hamer	F	56	Iowa City	IA	00:47:11.38
Male 19U							
1	Lars	Pressler	M	15	Coralville	IA	00:20:14.13
2	Zach	Bruzek	M	16	Iowa City	IA	00:23:05.38
3	Will	Knipper	M	9	Iowa City	IA	00:25:31.30
4	Lucas	Riley	M	18	Iowa City	IA	00:29:33.99
5	Conley	Sundblad	M	18	North Liberty	IA	00:29:40.78
6	Aiden	Staub	M	9	Swisher	IA	00:43:44.72
7	Isaac	Kuperman	M	7	Coralville	IA	00:46:14.82
Female 19U							
1	Louisa	Rushton	F	13	Iowa City	IA	00:26:17.93
2	Anna	Platte	F	15	Iowa City	IA	00:27:59.12
3	Jae	Jones	F	12	North Liberty	IA	00:29:27.98
4	Adelaide	Knoop	F	10	North Liberty	IA	00:30:59.74
5	Greta	Gunderson	F	11	Iowa City	IA	00:31:17.45
6	Ellie	Knipper	F	11	Iowa City	IA	00:32:50.86
7	Collins	Sundblad	F	11	North Liberty	IA	00:36:13.41
8	Claire	Donnenwerth	F	9	Tiffin	IA	00:37:04.40
9	Parker	Jensen	F	10	Iowa City	IA	00:37:07.38
10	Norah	Raecker	F	9	Iowa City	IA	00:37:08.64
11	Nevaeh	Beard	F	10	Iowa City	IA	00:42:59.42
Male 20-29							
1	Grant	Meardon	M	27	Iowa City	IA	00:18:58.80
2	Austin	Cline	M	26	Council Bluffs	IA	00:19:16.09
3	Garret	Hinson	M	26	Iowa City	IA	00:19:49.14

4	Brandon	Cline	M	24	Iowa City	IA	00:19:56.36
5	Nathaniel	Baur Schoer	M	28	Iowa City	IA	00:21:10.55
6	Andrew	Hart	M	26	Coralville	IA	00:22:28.34
7	Johnathan	Hemmingsen	M	23	Council Bluffs	IA	00:23:43.08
8	Chris	O'Toole	M	20	Iowa City	IA	00:26:07.06
Female 20-29							
1	Akimi	Oya	F	29	Iowa City	IA	00:28:10.46
2	Malory	Jones	F	23	Fairfield	IA	00:30:09.09
3	Mackenzie	Wells	F	20	Iowa City	IA	00:31:17.56
4	Kimberly	Serrano	F	23	Coralville	IA	00:34:50.23
5	Simone	McCarty	F	20	Council Bluffs	IA	00:34:54.61
6	Erika Hannah	Abelita	F	25	Iowa City	IA	00:36:21.11
7	Jessica	Ralfs	F	28	Iowa City	IA	00:39:01.13
8	Lili	Torres	F	25	Tiffin	IA	00:43:16.64
9	Sarah	Andersen	F	29	Tiffin	IA	00:45:54.37
Male 30-39							
1	Derek	Parker	M	36	Iowa City	IA	00:24:19.45
2	Cole	Thomas	M	33	Cedar Rapids	IA	00:25:31.71
3	David	Hartley	M	35	Iowa City	IA	00:26:22.34
4	Eric	Theilacker	M	32	Iowa City	IA	00:26:37.03
5	Christopher	Brown	M	31	Tiffin	IA	00:27:38.28
6	Patrick	Krie	M	38	Iowa City	IA	00:27:53.78
Female 30-39							
1	Kayla	Ruth	F	35	Coralville	IA	00:25:35.72
2	Kelly	Graham	F	39	West Liberty	IA	00:27:41.16
3	Kaytee	Knoop	F	36	North Liberty	IA	00:31:01.66
4	Angela	Ruess	F	39	Coralville	IA	00:32:48.72
5	Kelsey	Whalen	F	32	Coralville	IA	00:32:49.08
6	Andrea	Lohf	F	31	Iowa City	IA	00:32:57.57
7	Sonyia	Loos	F	31	Lone Tree	IA	00:34:07.80
8	Sarah	McMillan	F	32	North Liberty	IA	00:35:13.35
9	Laura	Gaber	F	32	Iowa City	IA	00:39:47.96
10	Leah	Theilacker	F	32	Iowa City	IA	00:39:53.27
11	Jade	Hartley	F	34	Iowa City	IA	00:40:41.53
12	Ashlee	Hofmann	F	39	Swisher	IA	00:43:41.52
13	Gabrielle	Rumlow	F	30	Iowa City	IA	00:46:35.16
Male 40-49							
1	Ross	Salinas	M	43	Iowa City	IA	00:17:10.04
2	Nate	Sundblad	M	44	North Liberty	IA	00:23:25.34
3	Kevin	Brown	M	46	Iowa City	IA	00:27:31.28
4	Nathan	Platte	M	43	Iowa City	IA	00:27:58.25
5	Dustin	Staab	M	47	Tiffin	IA	00:36:40.88
6	Ethan	Kuperman	M	42	Coralville	IA	00:43:46.36
Female 40-49							
1	Lisa	Benton	F	47	North Liberty	IA	00:25:38.97
2	Christine	Norquest	F	42	Iowa City	IA	00:28:59.08
3	Sofia	Livorsi	F	45	Iowa City	IA	00:29:34.19
4	Carissa	Gunderson	F	41	Iowa City	IA	00:31:22.26
5	Lillian	Erdahl	F	44	Iowa City	IA	00:32:27.20
6	Diane	Platte	F	41	Iowa City	IA	00:34:00.12
7	Sara	Sundblad	F	43	North Liberty	IA	00:34:32.04
8	Kayla	Sanders	F	48	Iowa City	IA	00:34:57.15
9	Kristin	Plichta	F	42	Coralville	IA	00:37:26.91
10	Molly	Dietz	F	45	North Liberty	IA	00:39:58.17
11	Katy	Ambrose	F	44	Iowa City	IA	00:42:35.25
12	Katrina	Hochstetler	F	43	Iowa City	IA	00:43:12.04

Male 50-59							
1	Todd	Steenblock	M	52	North Liberty	IA	00:33:15.65
2	William	Fitzgerald	M	50	Iowa City	IA	00:34:30.94
3	Tom	Gantenbein	M	53	Iowa City	IA	00:37:32.20
4	Andy	Hamer	M	56	Iowa City	IA	00:47:09.11
Female 50-59							
1	Krista	Johnson	F	55	Coralville	IA	00:25:54.19
2	Jean	Arndt Audas	F	58	Iowa City	IA	00:26:09.49
3	Jennifer	Geers	F	50	Iowa City	IA	00:27:00.11
4	Deb	Steenblock	F	52	North Liberty	IA	00:33:13.00
5	Amy	Phelps	F	57	Iowa City	IA	00:38:06.02
6	Kimberly	McGuire	F	52	Marion	IA	00:43:34.67
7	Diane	Hamer	F	56	Iowa City	IA	00:47:11.38
Male 60+							
1	James	Buxton	M	69	Iowa City	IA	00:27:22.29
2	Douglas	Yansky	M	68	Iowa City	IA	00:30:56.79
3	Judd	Malcolm	M	61	Cedar Rapids	IA	00:45:47.93
Female 60+							
1	Kathy	Terlouw	F	65	Pella	IA	00:41:33.89