

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

☐ I am registering my foursome. **\$400**

Player 1 \_\_\_\_\_

Player 2 \_\_\_\_\_

Player 3 \_\_\_\_\_

Player 4 \_\_\_\_\_

This fundraising golf outing is limited to **36 foursomes** - don't delay, register today. You don't want to miss out on this fantastic event supporting breast cancer patients. Secure your spot now.

☐ I am too busy to golf but would like to make a cash donation \$ \_\_\_\_\_

Card Type ☐ Mastercard ☐ Visa ☐ Discover

Card Number \_\_\_\_\_

Cardholder Name (As Shown On Card) \_\_\_\_\_

Expiration Date \_\_\_\_\_

Security Code \_\_\_\_\_

Billing Zip Code \_\_\_\_\_

Amount To Charge \_\_\_\_\_

I hereby authorize team breast friends to charge my card in the amount indicated above:

Signature \_\_\_\_\_

Date \_\_\_\_\_

**FIRST come, FIRST served - registration deadline 4/1/26.**  
Team Breast Friends | P.O. Box 55 | Iowa City, IA 52244

## Thank you for supporting Team Breast Friends

Our mission is to make a positive difference in the lives impacted by breast cancer, and bring awareness through our efforts.

Through fundraising efforts Team Breast Friends is able to provide assistance for:



**MAMMOGRAMS**  
other diagnostic testing and treatment



**PERSONAL GRANTS**  
to individuals who qualify



**GIFT CARDS**  
for gas and groceries



**MEDICAL & COMFORT SUPPLIES**

### WHAT WE ACCOMPLISHED IN 2025

\$30,600 Individual Grants, Diagnostic Procedures, and Patient Supplies for Breast Cancer Patients

\$10,000 UIHC Breast Cancer Department for research

\$10,000 Free Medical Clinic of Iowa City

\$10,000 Helen G Nassif Community Cancer Center, Cedar Rapids

Please contact **Patty Frantz** at  
[icbreastfriends@gmail.com](mailto:icbreastfriends@gmail.com) with questions.

**f / TeamBreastFriends**

[www.teambreastfriends.org](http://www.teambreastfriends.org)

Drive Away  
Breast Cancer  
Golf Outing

**15TH ANNUAL**

**Sunday, May 3rd, 2026**

Pleasant Valley Golf Course  
Iowa City

**15 YEARS**

**18 HOLES**

**1 MISSION**

Presented By

**TEAM  
Breast Friends**



**Sunday, May 3, 2026**

**Pleasant Valley Golf Course**  
4390 Pleasant Valley Drive SE  
Iowa City

### SCHEDULE

**8:00AM**     **Check-In**  
Range Balls Available

**9:00AM**     **Shot Gun Start**  
Lunch served following golf

### DETAILS

- \$400 per foursome
- Four person best ball
- Enter to win great prizes
- Wear pink to support the cause
- Lunch as we announce the contest winners

*Enjoy a round of golf, support a great cause and make a difference!*



### WHY YOUR DONATION IS IMPORTANT

- 42,170 women and 510 men died in 2025 from breast cancer.
- Approximately 376,030 women and 2,800 men were diagnosed with breast cancer in 2025.
- Approximately 1 in 39 women die from breast cancer.
- Men are more likely than women to be diagnosed with advanced breast cancer.
- There are 4 million breast cancer survivors in the USA. More than any other group of cancer survivors.

### AM I AT RISK FOR BREAST CANCER?

- All women are at risk for breast cancer.
- The most common risk factors for breast cancer are being female, aging, early menstrual periods and genetic mutations.
- About 85% of breast cancer occurs in women who have no family history of the disease.
- Men can also get breast cancer, but it is rare.
- The lifetime risk of getting breast cancer is about 1 in 726 for men in the U.S. compared to 1 in 8 for women in the U.S.

### CAN I REDUCE MY RISK OF GETTING BREAST CANCER?

The exact cause of breast cancer is unknown. But, you can do things that may improve your overall health and may reduce your risk of breast cancer.

- Maintain a healthy weight
- Add exercise into your routine
- Limit alcohol intake
- Eat more fruits and vegetables
- Stop smoking or never start smoking
- Limit menopausal hormone therapy

### Thank You!

Our golf outing is made possible by the incredible support of golfers, businesses, individuals, organizations, and the friends and family of Team Breast Friends. Sponsorships and golfer entry fees play a vital role in helping us achieve our mission. Additionally, generous, tax-deductible donations of gift certificates, services, or products will be used for prizes and raffles, further enhancing the success of this event.

### Upcoming Events



#### PINSEEKERS TOURNAMENT

Fall October 2026  
PinSeekers in Tiffin, IA



#### COMMUNITY NIGHTS

Local restaurants in our community.



#### RACK RUN

September 27, 2026 | 10:00 am Start  
Terry Trueblood Recreation Area  
4213 SE Sand Rd, Iowa City